

Health & Wellbeing

Cervical Cancer Prevention Week

Monday 21 – Sunday 27 January 2019

The aim of Cervical Cancer Prevention Week is to ensure as many people as possible know how they can reduce their risk of the disease and to educate others.

THE FACTS:

- 2 women lose their lives to this disease every day
- 9 women are diagnosed with cervical cancer every day
- 75% of cervical cancers can be prevented by cervical screening (smear tests)

- Smear tests aren't for everyone, but they can save lives
- The number of people going for smear tests is now lower than ever. With over 1.2 million people not taking up their invite each year it is more important than ever.
- 1 in 4 women don't attend their smear test – but
SMEAR TESTS CAN SAVE LIVES!



#SmearForSmear 2019

The number of people going for smear tests is lower than ever. **Jo's cervical cancer Trust** want everyone to know what a smear test is for, why they are important and ways to make them better.

To help Support the SmearForSmear campaign, post a

#SmearForSmear selfie

with a tip or word of support. Your post might be the reminder or encouragement someone needs to book their test, it could literally save their life.



For further information on the **#SmearForSmear** campaign, go to:

<https://www.iostrust.org.uk/get-involved/campaign/cervical-cancer-prevention-week/smearforsmear>

If you have any questions relating to cervical screening, cervical abnormalities and cervical cancer, or if you simply have symptoms that you are concerned about, go to: <https://www.iostrust.org.uk/support/ask-expert>

Alternatively, you can call **Jo's Cervical Cancer Trust Helpline** free on **0808 802 8000**.