

Health & Wellbeing

November is Lung Cancer Awareness Month

Lung cancer can affect anyone – men & women,
young & old, smokers & non-smokers

The AIM of this years' campaign is to encourage people displaying the common symptoms of lung cancer such as:

- A persistent cough
- Breathlessness
- Unexplained weight-loss
- Chest or shoulder pains
- Chest infection(s)
- Coughing up blood

to visit their GP



The Facts:

- Lung cancer accounts for about 27% of all cancer deaths
- It is the leading cause for cancer among both men and women
- Each year, more people die from lung cancer than of colon, breast and prostate cancers combined.

If you or someone close to you is affected by lung cancer and you have questions you would like answered, you can call the Roy Castle Lung Cancer Foundation free helpline on **0800 358 7200**.

Alternatively, visit www.roycastle.org for further information.